

## English Composition Test S2-D1-B

### General English Composition

**Name**

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**What is the funniest thing that happened to you recently?**

I was hanging out with my friends in the pantry while eating some snacks. We were laughing and giggling because of the stories each one of us are sharing with each other when all of a sudden they said that I was no longer responding to them. I was not sleeping properly for the last few days and didn't notice that I was actually blanking out. They kept on talking to me and getting my attention but they said that I kept ignoring them; instead, I just slept. They looked at me and laughed. Well, they have no choice but to let me sleep as they just continue their conversations. After a few minutes I woke up and asked them what happened. I had no idea what I did and they told me they just let me sleep since it seems that I need it so much.

**What kind of situation can create stress for you and, when that happens, what do you do to cope?**

I'm not someone who usually gets stressed out due to some things or events. But if I do it would usually be because of things like suspense at work. For example, we were told to have a special meeting with a client or that they have some response regarding the work we or I did. Although it is not much, I usually overthink things and that's what makes me feel stressed. In order to cope, I use to take my mind of the things that stresses me out and just do what I enjoy like reading books or watching movies and anime. As much as possible, I'm training myself to stop overthinking things since it just affects me negatively.