

English Composition Test S1-D3-B

General English Composition

Name

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Talk about one of your great qualities that others don't always appreciate.

Qualities are already embedded to an individual since his day one. I can say that one of my great qualities is that I'm a creative person, I always take time to edit and make contents out of the photographs that I took. However, not everyone could appreciate the art and the effort that was exerted because each one of us has different perspectives. Some may say that I just waste my time over a one photo and if they were in my shoe, they would just lost interest doing edits along the way. Oh well, I just thought that not everyone could suffice the creativity of one person has and not everyone has the same eyes that is keen as me. Nevertheless, I know in myself that I'm doing great.

As long as I won't mind other opinions, I'm good.

Which would you choose --- a fit body or a fit mind?

If I would be given a chance to choose between a fit body and a fit mind, I would choose the latter. Having a fit mind is much healthier over a fit body. I believe that mind is so much powerful that it could control your feelings, perspective, and you as a human being. In Psychology, there is such thing as Placebo effect, so if you thought that a certain thing would make you feel great or that certain medicine is the only remedy to your illness, then your mind is controlling over you.