



1. If anything was possible, what would your dream job be, and why?

My dream job is to be a Psychiatrist, Psychologist, or Counsellor, anything in line with Psychology preferably in therapy. It has always intrigued me how different each person is, and how each person's experiences molded the way we think and perceive things. The internal and external environment that nurtured the development of each person. Also, I have always loved listening to different stories by different people, especially of my friends and family as this helps me to get to know them. I like observing and noticing the shift of moods in the people I am talking with. Helping those who are mentally challenged has been a goal for me, especially kids who have learning difficulties though I have not personally encountered or been with anyone who has this kind of difficulty, this is a dream of mine to support and help together with the patient's guardian. I would like to create plans or treatments centered on the difficulties that the client is experiencing.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

In school, I would be stressed whenever my groupmates would constantly ask me questions about what to do when I had already given instructions and then they would proceed to not start or do the assigned task. This gives me the impression that they do not listen to me, and this also disturbs my time in doing my tasks which further distracts me from completing my to-dos. During this situation, I usually still answer them and tell them to read the instructions as everything should be there. I would reiterate the things they need to do on the way and tell them I must finish something so I might not be able to answer or check their work. I would also take a few minutes to get a breather to relax by myself. This usually works for me as I can track the outputs my members make and get time for myself to relieve my stress.

3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

I had finished two internships one was for clinical at the Hall of Justice while the other was an educational internship at FAST Academy. As a fresh graduate, when I interned at the Parole and Probation Office the most challenging would be encoding the client's profile as there are a lot of files and it could be confusing to locate the data necessary in making the profile. However, as I continue doing the task it gets easier and I get to enjoy reading the files. During my internship at FAST Academy, I enjoyed making and developing programs for the students and staff. Together with my co-intern, we had to plan and create a program that centered around trust and resolving mutual differences. Both my internships provided me with a different outlook on how to navigate through the workplace as one was in the government and the other was a privately owned company.



4. How would your previous managers/coworkers describe you?

Aside from being an intern, I was also a Student Assistant or working student at the University of St. La Salle, and most of the people I worked with would describe me as the quiet intern/student assistant who gets the job done. A shy and modest girl who is friendly and accommodating and is willing to help and assist them whenever. I am someone who never comes to work late and a hardworking and approachable coworker. These are the usual comments that they associate with me. In the future, I wish to keep that I will be remembered as a hardworking and approachable workmate. Someone they can depend on and reach out to when they are having difficulties in managing their tasks. I want to be someone who can help them understand their potential, as I work on growing myself and learning about my potential, learning on where I excel in work.

5. What personal or professional accomplishments are you most proud of?

I am most proud that I was able to graduate, hopefully with flying colors, as I am currently waiting for the final announcement from the registrar's office. I juggled my time as a working student, and I have overcome the online setting during the pandemic and was a consistent dean's lister. For now, this is the accomplishment that I am proud to achieve for myself and my family. I considered this as a stepping stone to more opportunities and personal growth. An opportunity for diverse work experience that could help with my career growth. This could also be a time to set new goals and learn new things. As I graduate this serves as broadening my horizons to possibilities outside the comfort of the institute as a student, I am now stepping out as a student and onto the corporate world, which is different from handling my professors, as I too am becoming a professional.