



1. If anything was possible, what would your dream job be, and why?

If anything was possible, my dream job would be to be a cat caretaker. For as long as I can remember, I have always been fond of cats. They are interesting animals that I can't help but love them. A job that involves taking care of them will not feel like a job at all as I am doing something that I love with the animals that I am fond of. The time I spend doing this job will pass by quickly. Although I admit that cats can be troublemakers sometimes. They can do a lot of mischief like scratching, biting, and hiding small objects. But I don't mind these at all as those only make them more loveable. It's in their nature and they can't help but to be that way. Moreover, cats are great companions when you want to be alone. They are the epitome of boundaries but sometimes they can be clingy. All in all, being a cat caretaker does not sound like a real job but if it was real, that would be my dream job.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

When I was in my fourth year in college, we were bombarded with a lot of requirements, so it became a very stressful experience for us. Among those requirements, the thesis and mock-board exam were the ones that greatly affected me. This is because we had to accomplish them simultaneously. There were times when we had to study for the mock board exam and work on our thesis to meet the deadlines. During that time, I managed my time well by creating a timeline for my thesis and mock board exam preparation. For our thesis, I listed all the tasks that needed to be done and gave them separate deadlines. As the leader of our thesis team, I made sure the deadlines of the tasks I assigned my members were reasonable. As for the mock board exam preparation, I made a timeline for each subject. I did this by assigning specific dates on the topics that I needed to study on each subject. Aside from these, I made sure I took breaks sometimes to avoid burnout.

3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

During my fourth year in college, I was the External Vice-Governor in our department. Among the tasks assigned to the officers, the one that I found most challenging was when we made our accomplishment report at the end of the semester. This is because we must document all the accomplishments of our department which includes the awards our department received, the dean's list, competitions that the students in our department won, and events that took place in that semester. On the other hand, the one that I enjoyed the most was organizing events. It was a bit difficult during planning as it involved adjustments so that we could make it happen with our



approved budget. I enjoyed this because I was able to hone my resourcefulness to make do with what we have. We had to make sure that the budget was enough for the event, but it should not lessen its quality. Most of all, I enjoyed it as it was satisfying to see people enjoy that event that you helped plan.

4. How would your previous managers/coworkers describe you?

My teachers in college would describe me as busy. This is because, during my college years, I was not just a student. For when in my fourth-year college, I was not only an officer in our department but also an officer in an organization outside our school. I was the head of Event Management and Documentation at Mental Health Negros. So aside from the requirements in our school, I also must deal with my responsibilities as an officer at our department as well as for Mental Health Negros. Because of this, I learned to enhance my time management skills. Sometimes, I would have to work on tasks from our department and Mental Health Negros simultaneously. When this happens, I made sure to create a timeline with each task so that I can determine when to work with it so that I don't miss the deadlines. However, despite my business, I made sure to make time for my family, friends, and pets.

5. What personal or professional accomplishments are you most proud of?

The personal accomplishment that I am most proud of is when I passed the Psychometrician Licensure Examination. My journey in getting this license was no easy one. I faced a lot of obstacles that I had to deal with along the way, but I was able to overcome it all. After I graduated from college, the board exam dates were not yet announced so during that time, I was dealing with a lot of uncertainties. When the date was finally announced, I started with my online review. Then after a few months, the board exam was changed again. The sudden changes in the board exam dates increased my anxiety about taking the board exam. However, my family encouraged and supported me, so I still took the board exam. Looking back, I had a hard time with the requirements for the application, studying for the new board exam subject, and preparing myself mentally. To get this license, I don't just have to be knowledgeable about the board exam subjects but also be mentally strong and calm to withstand the pressure and anxiety while taking that exam.