



1. If anything was possible, what would your dream job be, and why?

For now, I do not have a specific job that I really dreamed of. I just want a working environment where I can foster and improve, where I am seen as a human and not a machine, and where everyone's mental health is considered and taken care of. But I like speaking in public, so, maybe I kind of want to teach either in school, training, or even in seminars, although, as of now, I just want to improve my skills and gather as much knowledge as I can so I can be an effective speaker or teacher someday.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

College has been quite stressful, especially as someone who is active in joining organizations. When I was in my third year of college, I was the treasurer of the two of the most active organizations in our school. So, the loads of work I carried was so much, not to mention that I am also handling finances, so I had to be extra careful with everything. But as stressful as it may sound, it did not affect me too much because as a psychology student, I have learned how to manage stress well. When I am stressed, I just sit for a while and breathe in and out intentionally. Sometimes, I play my guitar, or I paint, or I read a book. These are the things that I do every time I am stressed. What helped me a lot in managing my stress was telling myself that "this too shall pass."

3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

Since I do not have work experience yet, I will just talk about my tasks as a treasurer. As a treasurer, my obligations start even before the start of the school year and end when the school year ends too. Before the school year, I was obliged to make a one-year budget proposal for the activities of our organizations throughout the year. Then, when the school year starts, I will propose it to my co-officers, then to our adviser, program chair, college dean, Office of Students Affairs and Services (OSAS) coordinator, and finally to the president of the university. Along the way, there will be many changes in the proposal depending on the suggestions of the heads. After the proposal is approved, every month, it will be executed, and as a treasurer, I will be the one responsible for the ins and outs of the fund and for the documentation of where the money went to. Also, at the end of every semester, treasurers of all organizations are required to submit a financial report to the OSAS or else, the clearance of the whole officers of the organization will not get signed. These obligations required me to work under pressure and have a good time management system because college and having two organizations are a lot to handle.

4. How would your past colleagues or managers describe your work ethic?



If I put myself in the shoes of my past colleagues, I think they will see me as a hardworking and focused individual, with great time-management skills. Maybe, because they often saw me walking in the hallway with folders in my hand walking back-to-back to different offices. Also, even after all the obligations that I have, they sometimes wonder how I still manage to fulfill all my academic obligations, and still be able to go out and hang out with them after school.

5. What personal or professional accomplishments are you most proud of?

The personal accomplishment that I was most proud of is being able to forgive people who destroyed me even if they did not feel sorry. This is the accomplishment that I chose because this was also the hardest one to fulfill. Seeing people have no remorse after they did things that almost drowned you was very heart-wrenching. But keeping a grudge in the heart is not healthy holistically, so, I made a promise to myself that I will slowly learn and let myself forgive.