



1. If anything was possible, what would your dream job be, and why?

As someone who grew up being taller than the other kids, other people would always tell me that I am suitable to become a Flight Attendant someday. These idealizations of other people sparked an interest and curiosity in me. As a child full of innocence, I aspired to become a Flight Attendant hoping I could get to travel to different places. I have kept that little dream of mine with hope and positivity as I strive along my journey. I took up Tourism Management when I was in Senior High School thinking it was the first step towards my dream. As I entered the industry, I was able to gain hands-on experience that has kept the fire and passion in me. I was able to gain recognition and opportunities along the way. Unfortunately, a pandemic happened, and everything went out of place. My dream of becoming a Flight Attendant was shaken when the aviation and tourism industry suddenly ended. I was completely lost that time and didn't know what path to take. Considering the financial constraints during that time and the uncertainty of the situation, I was not able to proceed with my dream course. Instead, God redirected me in the Psychology field where I have able to love, appreciate, and understand human behavior. Psychology gave me valuable opportunities and fulfillment in understanding myself and other people better. Although my heart and mind are already invested in the field of Psychology, I'll always consider being a Flight Attendant as my dream job. If it is possible to finance my studies and expenses, I'll chase that little dream of mine all over again.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

As someone who is fond of taking spaces, responsibilities, and leading I often get into stressful situations. Being a student leader and a consistent honor student, I had a hard time balancing my schedule and workload at the same time. I've been into stressful situations wherein I am expected to stand up, lead, and serve the people while maintaining a harmonious relationship and work environment for everyone. To be able to overcome it, you must possess skills and habits to refrain yourself from being consumed by the circumstance. On my end, I always make sure to be collaborative and open to the ideas of others, to consider possible resources or options for the situation. This is also a good habit as it creates a sense of openness and belongingness to every member. Moreover, I always make sure to organize my work and be mindful of my decisions as this will refrain me from being indulged in stressful and inconvenient situations.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

During my on-the-job training, I was able to gain valuable experience in the Human Resource setting and Guidance office. We are expected to apply our learnings in an actual workplace and be knowledgeable of the different areas or services aligned with our program. What I found the most challenging task was the counseling simulation during our internship at the Guidance office. Counseling requires extensive training and experience to be able to handle different cases and concerns. As a trainee, I've experienced pressure and anxiousness at that moment. I believe that I don't have enough expertise to be able to respond and give help to a client's concerns. With the guidance and help of our trainers, we have acquired skills and experience in counseling that we can further use in our field. Meanwhile, the tasks that I really enjoyed the most were the Group Dynamics that we had in the Guidance office, and my Talent Acquisition training in the HR Department. These tasks involved being around people, through interviewing, presentations, and developing a good environment for everyone. I enjoyed it the most because I get to meet new friends, share laughter, and gain insights from diverse personalities.

4. How would your past colleagues or managers describe your work ethic?

As someone who ensures quality work and excellence, my colleagues and managers would often describe me as a workaholic one. I always make sure that I always get the work done at the end of the day. I am very dedicated and committed to something that I love doing and learning. You can expect me to be flexible even in stressful situations. They also find me reliable when it comes to confidential and rigorous tasks. I am also proactive with my tasks, ensuring that everything is settled before submission or even presentations. They would always ask me how I can handle everything on my plate, for I can cater to different tasks at the same time. But humans as we are, we cannot be able to do everything perfectly all the time. Sometimes I can commit mistakes and lapses with my work, but regardless of that I always find a way to learn, reflect, and correct my mistakes as I go along.



5. What personal or professional accomplishments are you most proud of?

The accomplishment that I am most proud of myself, is when I've able to do public speaking after a traumatic experience that I encountered back then. I was once a performer and representative of our school in declamation competitions, but after I experienced a panic attack during my performance, I refused to stand again and speak in front of people because of embarrassment. After then, every time I tried to speak in front of many people, I always ended up startled, panicking or, worse, crying. It took me years to gain back my courage in public speaking. This year, I took the challenge of being our thesis oral presenter in a research caravan at a prestigious university in the province. I was able to face professional panelists, audiences, and even researchers from different schools. At first, I was anxious because I might end up crying, but after stepping in front of the crowd I was able to gain confidence to speak and share the insights of our research study with them. It was a wholesome experience for me, and it felt like I was released from a cage of fear and doubt at that moment.