



1. If anything was possible, what would your dream job be, and why?

My childhood dream is to become a teacher. I was influenced by my elementary teachers before because I really look up to them. Until now, if chances were given, I would still pursue a career in the teaching field. To become a teacher is my dream job because I believe that through this career, I can touch people's lives and make significant influence and impact to facilitate a desirable change in their future through education. We all know how important education is and I think that as a teacher, it is a noble responsibility to educate other people and be able to help them have the skills and the necessary knowledge to equip them as they venture to reach their individual goals in life. Lastly, more than just educating other people, a teacher is also someone who encourages and inspires their students to dream and strive to achieve a better future for them and I want to be that person who motivates people and make them believe in their talents and capabilities.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

Most of the time, I was really stressed when I was in college, but to site a situation, it would be during our thesis making. Thesis or research papers are really demanding tasks. From data gathering, finding respondents, compiling related research literature, interpreting data and many more, all these steps are really draining and require a high level of patience. To overcome this situation, I know that I must effectively regulate my emotions, and I should manage my time effectively to finish task related to accomplishing the research paper. I think that during that time it really helped that I focus only on one task before I proceed with another, Moreover, I think that it also helpful that we make sure that we the steps correctly to avoid going back and fixing issues that arises due to the errors that was committed in past procedures. Lastly, communication is important, especially between the members of the group. Proper communication avoids unnecessary confusion and misunderstanding that might contribute stressful factors while doing the tasks.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

While I am on my internship the most challenging task that I have encountered is during my educational internship. During that time our task was to conduct a talk about making an informed decision about career choices and we also did another one with the topic or goal to introduce psychology as a course to senior high school students. I find this activity a little hard especially when some participants are not participating and are not responsive. The task that I enjoy the most is during my industrial internship in HR department. One of the tasks that are assigned to me is aligned with recruitment. During my stay there I was able to be a part of the interviewer panel. I really enjoyed this task and while doing it I learned a lot of new things and for a short time I was able to see some aspects of the recruitment process that I can use to my advantage when looking for jobs.

4. How would your past colleagues or managers describe your work ethic?

I treat workspaces and co-workers with a high regard and always have respect for other people's time. If my co-interns and supervisors describe me, I think they will say that I am respectful and professional when it comes to work. I always make sure to treat everyone with respect and respect my work by doing the task correctly and with due diligence. Moreover, in terms of time management, I would say that I am always on time during my internships because for me punctuality shows commitment to the role that you are put into. In addition, I think that they would also describe me as a team player. In every workplace I think that it is important that we know how to adapt ourselves and learn the dynamics of the team for us to effectively communicate our ideas and thoughts and for us to collaborate and work seamlessly in the workplace.

5. What personal or professional accomplishments are you most proud of?

A personal accomplishment that I am proud of is being able to graduate from college. Ever since I was a child my mother emphasized the importance of education and since then it has been my goal to finish college. Being able to get a degree is not a simple thing for me, especially because I came from a family that is not financially stable, it is not just a piece of paper, but a symbol of my perseverance and my mother's dream for me and my siblings. In addition, I am also proud of the simple things that I am doing now, just like having the courage to apply for jobs and having the courage to try to live independently. Before I was skeptical about trying and exploring the real world, and it really takes time to develop confidence and trust within yourself that you can make it. In this period of my life where I am still finding the things that are meant for me, I believe that any accomplishments, big or small, should be celebrated.