



1. If anything was possible, what would your dream job be, and why?

- If given a chance, I would want to be a psychiatrist. Mental health is one of the things people are dealing with. It is a relevant issue to our society today. I would want to be someone who is able to help people in dealing with their burden. Most of the time, mental health is ignored or given less importance as some people think it's just you being dramatic. As a psychiatrist, I would want to spread awareness of it. Also, I would want to understand people's behaviors and actions. I always think and learned that humans are rational beings. Everything we do has reasons and factors. Our actions are fueled by our goals and desires. I am always curious about how the human mind works. I also think that our mental health should be given more importance as it is interconnected with our physical, cognitive, and other aspects of ourselves.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

- Yes, as someone who spent 5 years being a working student, and being assigned to one of the biggest, and busiest office in the University, it is considered a miracle if you don't encounter a stressful situation at work. It was before the graduation ceremony of batch 2023, before submitting the final list of graduates, the Dean, along with the Department Heads are conducting a final deliberation to see if there are students who wasn't able to complete all the requirements before graduating. Of course, there are students who failed on their thesis; thus, they had to re-defense. However, some weren't able to defend it despite being given multiple chances. As a result, they won't be able to graduate on time, and had to re-enroll the subject in summer. The next day, parents are flocking to our office as they are refusing to re-enroll and would want their children to march on the graduation ceremony. Our secretary wasn't there, so as a senior working student, I had to face the parents. What I did during that time was to let the Dean know about the situation. Also, I coordinated with the Department heads to know what action should be taken during that situation. Thankfully, they were told to meet with the department head, and I had to accompany them so that if other parents do the same thing, I will know what to tell them. That time, I think I overcame it by being calm and being organized. Also, it was a good thing that I coordinated with the respective authorities to address the situation.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

- I think the task that I find challenging during my years of being a working student is that there are times that I have to act as a secretary and filling in her job, while figuring things out on my own. There are instances that some tasks are being passed on to me without proper instruction or even just direction on what to do. Instructions are crucial as they will tell you if what you're doing is right, or not. On the other hand, the task I enjoy the most is data encoding. I think it is fun and challenging at the same time, because you have to check and recheck for errors. Also, it is amazing how you were given simple data, and you will be the one to organize and compile each of them. Another one is dealing with people of diverse backgrounds. It feels nice interacting or just having small talk with them and dealing with concerns.

4. How would your past colleagues or managers describe your work ethic?

- I was commended for being able to understand and grasp instruction immediately. They don't have to repeat or reword the instruction because I know how to do it after. Also, they say that I have initiative. During my time as a working student, there are instances that when I'm encoding the schedule of classes, there would be conflict of rooms due to overpopulation of students, then I try to find a vacant room on my own, and then coordinate with the department heads about the situation, and let them know the alternatives. Also, I was told that I am fast in working, if there are tasks, I try to do it immediately so that I have time to have an overlook on my tasks and find errors as much as I can. Lastly, they say that I am easy to deal with, because as mentioned, I understand things immediately, so they don't have to spend more time teaching me all over again.

5. What personal or professional accomplishments are you most proud of?

- I think I am proud that I developed my skills that may be used professionally and personally. Communication skills is one, I think slowly, I am getting rid of the stuttering and the fillers that I am doing before. Also, I'm slowly building my confidence conversing in English with other people.



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I'm not speaking in English before, because I am really not confident with my voice and my grammar knowledge. I was also really shy before, despite being an English major. I was thinking that people would judge me because of my grammar errors. Also, I think I've developed an empathy for others, which I think is helpful personally and professionally. It is helpful in a way that you will try to understand things first before responding. Putting yourself in the place of others means seeing their point of view. It also means that you will not act immediately and try to assess the situation first.