



1. If anything was possible, what would your dream job be, and why?

If anything were possible, becoming a nurse would be my dream job. Ever since I was a child, I've been fascinated by science and always amazed by the human body. I enjoy taking care of people and helping those in need. I also enjoy working in a hospital setting, though I'm not entirely sure why, but when I was younger, I always felt happy whenever I was at a hospital, whether it was visiting someone or accompanying them to an appointment. I often imagined how satisfying and fulfilling it would be to assist a patient and help them recover. Being a nurse is quite challenging, as you'll also be dealing with people who are experiencing intense emotions. It requires a lot of patience, compassion, and a strong heart. As someone who is empathetic, it would be difficult for me when a patient does not survive. I might even cry when I lose a patient. Despite the challenges of this dream job, I would still pursue it because the sense of fulfillment it provides is immeasurable.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

I experienced a stressful situation during college with our thesis. Our group consisted of five members, and each of us was assigned tasks to ensure the smooth flow of the output. One night, my groupmate and I were interpreting the results, as we were both assigned to that task. While reviewing, I noticed that there was a mistake in not just one, but three of our research objectives. Realizing the mistake meant that adjusting the objectives would require changes to the following chapters as well. At that time, we only had one day left to submit our output. With only the two of us still awake, we had no choice but to fix everything ourselves.

We sacrificed our sleep that night, working until 7 AM. Then, at 9 AM, we had a quiz to take, and we hadn't rested at all. I was stressed and pressured that I might not be able to pass the quiz because I hadn't had enough sleep. Thankfully, I passed. Afterward, we had a group meeting where we explained what had happened. We agreed that the three members who had been asleep would take on the next tasks, allowing my groupmate and me to catch up on rest.

Despite the stress, we focused on resolving the issue rather than blaming our teammates for being asleep when the mistake was found. Better communication, understanding, and a positive mindset helped us navigate through the situation.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

During my internship at the HR department of Riverside Medical Center Inc., I was exposed to different facets of HR through weekly rotations, which gave me the opportunity to experience and perform various tasks.

The task I found most challenging was checking and updating employees' 201 files. Since there were many employees, we had to sort and organize large volumes of files. Our responsibility was to review each employee's folder to determine which files needed updating. Additionally, we had to locate specific folders to insert the newly submitted files. It was tiring, as it often felt like the paperwork would never end. After we finished organizing some files, new ones would arrive that needed to be sorted.

On the other hand, the task I enjoyed most was calling applicants to inform them about their interview schedules and assisting during the interview process. I enjoyed answering questions and helping applicants through the process. Not only was it an easy task, but I also found satisfaction in doing it.

4. How would your past colleagues or managers describe your work ethic?

My past colleagues describe my work ethic as organized, accountable, and positive. However, I recognize that I need to improve my punctuality, as I sometimes arrive late.

In the HR department, we handle a lot of paperwork, and I always make sure to organize everything before I begin executing tasks. This helps ensure that I can smoothly locate files and complete my work efficiently. I also take accountability for my tasks and avoid placing blame on others. I believe that blaming others does not solve the problem. Instead, I take responsibility for my actions and learn from my mistakes. Maintaining a positive attitude is also crucial, as it helps keep me motivated. The quality of our work is often a reflection of our mindset.

As for my punctuality, I used to struggle with traveling due to adjustments in my schedule. However, I am now actively working on improving my punctuality, as I understand that being on time reflects my commitment to my work.



5. What personal or professional accomplishments are you most proud of?

The personal and professional accomplishments I am most proud of include completing my bachelor's degree, being elected as a Sangguniang Kabataan (SK) member, and passing the Certified Human Resources Associate (CHRA) examination.

My journey through college was challenging, as it coincided with the pandemic. During that time, there were significant adjustments to the learning process, which I struggled to adapt to. On top of that, I also faced financial difficulties, but I was fortunate to find ways to overcome them. After the pandemic, when things began to return to normal, I was able to reconnect with my passion for dancing. Although managing my time between academics and my passion was difficult, I'm proud to say I balanced both well, and I graduated with flying colors. Looking back, I'm glad I took the risk and pushed through the hardships, knowing that I had given my all. Earning my degree was a victory that filled my heart with pride.

Another major achievement for me was being elected as an SK member. Serving my community is something I've always wanted to do, and the opportunity to contribute as an SK member has been incredibly rewarding. Despite having fewer resources than other candidates, I won the position, and it was humbling to see that the people in my community believed in me. Now that I'm in the position, I'm dedicated to creating programs and initiatives that will help improve the lives of the youth and contribute to the overall betterment of our community.

Lastly, passing the CHRA exam stands as one of the most difficult accomplishments I've achieved. At the time, I was working a night shift at a BPO company, and balancing work with exam preparation was incredibly challenging. Since the exam required self-study, I had very little time to review. As the exam date approached, I became demotivated, feeling unprepared and unsure of my ability to pass. But just two days before the exam, I decided to push through and sacrificed sleep to dedicate every free moment to studying. On the day of the exam, I almost backed out, thinking I wasn't ready. However, with the encouragement of my friends, I decided to take the risk. I approached the exam with the mindset that, regardless of the result, at least I had tried. When the results came out, I was overjoyed to find out that I had passed, and now I already have my CHRA certification.

These accomplishments are the ones I am most proud of. They reflect my hard work and resilience, proving that with determination, any challenge can be overcome.