



1. If anything was possible, what would your dream job be, and why?

If I had the freedom to choose without worrying about the financial, physical, and mental aspects of a job, then I would really love to be a performer, be it a dancer or a singer. Since childhood, I have been used to performing on stage, and it was also one way that helped me to have confidence when I grew up, but not until I had my own share of self-doubts and insecurities. That is why, if I had the capacity to do so and freedom from all my obligations in life, I would really love to pursue this job, no matter how tiring and overwhelming it could be, because I would enjoy watching people enjoying my performance, and I could express myself more. Not to sound narcissistic or like a people pleaser, but the attention and applause feel like they support me in the things that I do best and that I'm good at.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

When I was in college, doing our thesis was one of the stressful things that I experienced. Not only are you dealing with problems in the research itself, but also with groupmates, especially those who freeload. Dealing with stress was tricky at first because you have to control yourself as the initial step, which is not an easy thing to do for me, at least. When my groupmate decided to just sit back and freeload her way to the final defense, I had a hard time keeping my emotions in check because I still had to maintain a good relationship with that certain groupmate. I was able to deal with my stress by giving myself time to reflect, like having alone time watching videos or listening to music that can help me calm down so that I can properly and open-mindedly assess the main reason for what the true problem was, and because of that, I did not let my emotions get ahead of me. I had a lot of time to compose myself and had a clearer understanding of our problems. Stress, however common and usual it is, can progress in certain ways that most people will have a hard time dealing with. The key is to really know yourself and how you react to be able to avoid or lessen the triggers of stress and to always prioritize rest.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

During one of my internships, specifically in the guidance office, the most challenging task was to deal with students in elementary school. It was their annual periodical exam, and we were assigned to administer the test. It was my first time administering a test to that certain number of students, let alone those children who did not know how to properly behave in such a way as I was used to. After the exams, we also had to compile and organize their test papers. It was very challenging because of the number of students, and we had to administer 4 subjects, so we had to compile it into 4 different types. But it was also a task that I enjoyed. I was exposed to a new environment and learned to practice my patience. I found myself satisfied at the end of the task due to the fact that I had built a connection with those children even though at first it was a tough ride. I was able to showcase my organizational skills by assisting my fellow interns in compiling and organizing the tests.

4. How would your past colleagues or managers describe your work ethic?

Back when I was an intern in a guidance office, my supervisors would tell me that I was very optimistic and inclusive. Oftentimes, when my fellow interns and I work on a task, I tend to be the one who's boosting them up when I feel like our workspace gets dull. They would often say that I make the workload lighter, and it helped boost my confidence during our group work. I may not be seen doing the leader roles, but I can manage well in following directions and building connections as I go. My supervisors inspired me to always do my work as if it's not a job. In short, they never forget to remind me to always love what I do. That is why I carried it with me as I took this path, because that will always be a reminder for me to be at my best every time.



5. What personal or professional accomplishments are you most proud of?

I am very proud of myself for finishing my degree in psychology and graduating with Latin honors. As the eldest daughter, I shouldered a lot of responsibility that I mostly put on myself. Not only that, but the pressure of being one is very intimidating because of the future obligations that I will take. This accomplishment assured me that even though I had a lot on my plate, everything is possible through hard work and never giving up, and to always do things in His favor. I am proud of how I was able to give my parents something that they can also be proud of. Now that I am moving forward and have taken a step into the real world, I carry this accomplishment with me as a testament that I did well and will continue to do so. It will serve as proof that I am capable of taking on responsibilities, no matter how challenging and demanding they are.