



1. If anything was possible, what would your dream job be, and why?

My ideal career would combine working as a computer engineer and a psychologist or human resources professional, if that were possible. It was strange to hear that engineering and psychology could coexist, but I have strong feelings for both, and I will continue to pursue them if the opportunity arises in the future. The brain and the heart are metaphorically represented by psychology and computers. I also have a strong interest in computer hardware and software, which I have developed a passion for since I first got my own PC. I especially enjoy coding and troubleshooting minor and major computer issues. On the other hand, psychology has been a love-hate relationship for me, but over time, I have come to love it because it has taught me to be sensitive, see past people's outward appearances, and understand both myself and others. I am very interested in the human resources side of psychology; I was always selected to be the speaker or facilitator during my internship. Additionally, I enjoy the hiring and performance evaluation aspects of human resources because that is when you get a glimpse of how they operate. Furthermore, I am particularly interested in the training and development activities, which particularly need analysis, as I have personally experienced this. It was a demanding task, but once the results were in, I was quite pleased with the output or action plan that was created after testing, analyzing, and interpreting the data. In conclusion, whether it's people, the workforce, or computers, I tend to be interested in systems and processes.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

One particularly stressful instance that comes to mind is my industrial internship, which took place during their auditing period. It was particularly stressful because we were managing a large number of client files from all over Bacolod City. It's a straightforward task, but the organization is delicate because we follow a format and sequence that the clients have not followed. In addition to paperwork, we also updated the clients' statuses on the computer, so it was a bit of a double task. I also helped create updated reports about client termination and client transfers to different offices. We had been working on the same task for more than a week, which made it stressful. We had to monitor, complete paperwork, and coordinate with various offices and staff to get it done. Although it was stressful, I'm glad I went through it because, after my internship, I discovered that most offices have an auditing period every year. This way, if I ever had to perform the same task again, I would have experience, and it wouldn't be as stressful because I had seen it firsthand.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

The task of scoring psychological tests is the most challenging. Level B psychological tests are typically standardized and have a scoring template, which is why I think they are among the most difficult because you must be meticulous and careful with your work because a single score can have an impact on the test taker's score and interpretation. You also have to score them with a pencil and paper, which requires your whole focus. Some psychological tests also have many items, which means you must spend a lot of time going over each one individually. When you combine this with a large number of student responses, the task becomes more difficult. We scored the Mental Status Examination, the Depression Anxiety Stress Scales, and the High School Personality Questionnaire (HSPQ). These are the tests that I have personally graded, and the majority of them require you to do basic math tasks like addition and multiplication in addition to manually tallying the results. It's easy, but it becomes more difficult if you're scoring students at a whole grade level.

4. How would your past colleagues or managers describe your work ethic?

My former colleagues and supervisors describe me as having a strong work ethic, being a leader and speaker, being organized and proactive, being an initiative-driven individual, and valuing "creative freedom." Throughout my three internships, I was consistently chosen as a group leader and the person who initiated the process, including our memorandum of agreement, our endorsement letters, and our waivers. Apart from assigning tasks to my group members, I am also responsible for cultivating positive relationships among them. Furthermore, I am primarily responsible for starting the proposal activities for our internship, which include redesigning the bulletin boards, starting a student film screening, holding room-to-room seminars, and starting the process of our internship culminating activities. I prefer to keep things organized, so I usually put my task delegations in a file. I also always have a backup plan in place to ensure that the work isn't wasted. My peers and section frequently view me as an excellent leader, and they always rely on me for group projects. Every time we arrange a trip, I serve as their planner as well, setting up our classmates' itinerary and budget. I was genuinely pleased that my coworkers trusted me, and I haven't done anything to betray their confidence thus far.

5. What personal or professional accomplishments are you most proud of?



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Among the many achievements of which I am proud are my recognition as one of our batch's Magna Cum Laude, my bronze award for presenting our thesis at our college's research expo, my status as a student leader, my regular inclusion on the dean's list, and my consistent gold award. As a working student who balanced work and school, I am proud of these achievements because I demonstrated my full potential, achieved success, and graduated on schedule. Being a student leader and competing for our school in a quiz bee are just two examples of the many opportunities that have come my way during my college experience. These and other opportunities collectively have made the whole experience rewarding. In terms of my career, I believe I am also proud of having been able to continue working part-time for more than three years. I have maintained stability in my job while earning money and making positive relationships with my students, some of whom have become regular students. Collectively, these things and accomplishments have brought me joy and pride.