



1. If anything was possible, what would your dream job be, and why?

People always quote “anything is possible,” however, in a realistic perspective, not everything is possible because there are several factors that influence career paths. Personally, I wanted to become a criminal lawyer. As an adolescent, I always dreamed of pursuing a career related to political science and human nature. I remember watching all the dramas and reading novels, books, and articles pertaining to the law; locally and internationally. Moreover, I was very much inclined with public speaking and debating during my senior year in Junior High School and Senior High School education.

Despite these aspirations and fueling drive towards that dream of mine, I decided not to venture that path out of respect. It was my respect for my mother’s wishes that veered me away from my dream job. Some might argue that it could be sort of manipulating and selfish for my mom to suggest a career for my sake. However, I understand her side completely. The risk of entering the field of Law as a criminal lawyer is immense. Threats and dirty tactics from various entities are normalized to the extent that it is either you meet your demise, or your principles are compromised merely in order to safeguard your family or yourself.

Nonetheless, the request my mom asked me was not too much. She has been selfless for years, and to think that she just wants to keep me safe is something that I won’t loathe her for. Now, I am slowly carving my way to become a licensed medical technologist and physician—slowly but surely.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?



I am an undergraduate of BS in Medical Technology, and I believe that when it comes to the matter of stressful environments, medical pre-professionals and professionals always have sentiments regarding it. Based on my experience, stress is intertwined with work—present with every industry. It could either be negative (distress) or positive (eustress) type; to feel distressed is common, particularly in the workforce. Moreover, the stress we may feel is equivalent to several factors such as reward-workload ratio, attitude of colleagues and patients, and the flow of the day.

During blood donation drives, medical technologists are responsible for facilitating the flow of donors from screening and obtaining baseline of essential information to blood extraction and processing of blood bags. It is a complex and meticulous process, where a systematic approach is mostly required. In summary, we handled more than 200 donors in an entire day. We were time-bound; hence we were required to move quickly and accurately since we were dealing with actual individuals. To ensure the quality of blood products we weren't permitted to make mistakes because the integrity of those blood bags equated to life for those who needed to be transfused. It was stressful to say at least. At the end of each day, we were exhausted yet it also brought us a positive type of stress.

3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?



As a medical technology undergraduate, the most challenging aspect was being familiar with hundreds of processes, thousands of technical terms and practicing your skills individually. To become a competent medical technologist. You are required to nourish your mind with technical and theoretical knowledge. Most of the theoretical aspect was cognitively demanding. In other words, one must possess a multi-aspect intelligence to process the majority of the information being shared with you. On the other hand, in terms of the practical aspect, you must be able to move with precision and accuracy across the laboratory since most if not all the tests being executed are time, technique, and environment sensitive type of tests. Hence, moving without cautiousness may lead to erroneous results, waste of resources, and misdiagnosis.

Nevertheless, what I enjoy the most is the bond you develop with the line of work along the way. Each day instills a valuable experience and understanding of what it takes to become a medical technologist. As the path towards being a licensed medical technologist unfolds, the realization of your importance as one of the backbones of the medical field hits you.

4. How would your past colleagues or managers describe your work ethic?



I believe that if my colleagues or clinical instructors were to describe my work ethic, they would depict it as balanced. I always put my best effort to balance my work and academics with my personal life. Personally, I do believe that productivity is reliant with the state of an individual. If someone is exhausted or dealing with issues, the tendency is that their productivity is hindered, or impaired. With that being said, I am someone who balances my productivity with my wellness since I can be much more efficient and productive when I am well-rested, healthy, and at peace.

Moreover, I am also someone who is fact-driven most of the time. I tend not to lean on my emotional side, rather I put emphasis on the logical and rational aspect of a task. For me, as a pre-professional of the medical field, I must lean more to the factual side of every matter since we are trained to analyze every scenario with utmost rationality. Despite that, I still balance rationality and compassion since those are integral parts of patient handling. Without balance, it would disrupt SOPs in the laboratory and healthcare institutions.

5. What personal or professional accomplishments are you most proud of?

I believe a personal accomplishment I am most proud of as of the moment is my background as an Entrepreneur. Although I am still in the process of scaling, I am proud of myself due to the fact that I am able to manage on my own. Running a business, however small it may be, is demanding in several aspects. You must invest time, effort, finance, and knowledge when it comes to starting and running a business.

Fortunately, I am able to hold my ground in the business industry despite that ever-changing landscape of the industry I am inclined with. Moreover, I aspire to expand further despite the predicaments I am currently facing in terms of the business. Hopefully, I could build a team with one mission and vision in order for me to attain the goals I have set for myself, people around me, and the business prior its start.