



1. If anything was possible, what would your dream job be, and why?

If anything was possible, my dream job would be to become a guidance counselor. My entire journey in Psychology started around 8<sup>th</sup> grade because of the Korean drama series: Kill Me, Heal Me. I was inspired by the female protagonist who works as a psychiatrist. However, along the way to pursue this dream, I had a few realizations. Firstly, we couldn't afford to send me to medical school. Next, I wanted to play a bigger role in the improvement and/or recovery of future clients. I didn't want to give a diagnosis, a prescription, and just call it a day. I wanted to do more than that. My experience with public school was the final decisive factor. Imagine over two thousand students all reporting to the same guidance counselor who was indeed a great teacher but who failed to meet the qualifications for the guidance counselor position. The teenage version of myself needed someone, a professional who could help me back then, but no one was there. I'm fortunate enough to have overcome that period of my life, and that experience has led me to the conclusion that I hope to be that person for the next generation: a guidance counselor who can actually provide the services promised by that role.

2. Have you ever experienced a stressful situation in your past workplace (college if fresh graduate), what was it and how did you overcome it?

The most stressful situation I have ever encountered in my past workplace was the sudden assignment of interns under my supervision. It was my first job, I was just beginning to learn the basics and build up my confidence, and I was just an intern myself a few months prior. Additionally, they were BSBA-HR students, which gave me the impression that they knew more as graduating students than I did as a neophyte in the industry. Still, I accepted the role, developed an internship program, and adjusted it according to the interns' competency level, and demands from the company. I received help from my colleagues, who would give my interns tasks if I had already exhausted mine for that week, which in turn gave the interns a more comprehensive learning experience. Finally, my interns themselves were also very patient and understanding. They accepted and did their tasks eagerly, and in my opinion, they were even more competent than me in some of the tasks that we did together. In the end, the experience came out to be a meaningful experience for all of us. All three of my student-interns are now hired in different companies but occasionally, I still receive questions from them. I take that as a sign that to a certain extent, my efforts to train them really paid off.



3. In your previous position, what task did you find most challenging and why? What task did you enjoy most and why?

As mentioned in the answer to the previous question, the most challenging task for me was the internship supervision. I was anxious and almost panicked when I came out of the conference room after I received the news that they were placing interns under my care. After all, I myself was still struggling with my role in the organization. As much as I did anticipate supervising interns, I did not expect it to happen as immediately as it did for me. However, with combined efforts from both myself, my interns, and my colleagues, both my interns and I came out of that experience with more knowledge, more experience, and an acquaintanceship that persists even when we have already parted ways.

As for the task that I enjoyed the most, it was assisting in the grand launch of our sister organization. That was easily the busiest and most stressful period of my employment, however I found joy and fulfillment in every task that I was assigned to. I enjoyed communicating with our clients and knowing more about them, assisting in the layouts and decorations, testing products, and providing feedback to the product development specialists in charge, and ensuring that the event goes smoothly on the date itself. Our group was the last to leave the venue that night but regardless of how physically exhausted I was, I felt more fulfilled knowing that our combined efforts led to this: the successful launch of the sister organization. We clearly saw how our guests and our management enjoyed the experience that we prepared for, and that made all that exhaustion worth it. It was a completely new experience for me but it's definitely one that I will never forget about.

4. How would your past colleagues or managers describe your work ethic?

My past colleagues would probably describe my work ethic as organized, flexible, and people-focused. It's organized as I prefer to have everything in its proper place as I go along the way. I have the tendency to go back to old notes and works to get references so I've developed the habit of compiling, summarizing, and organizing them into a self-developed system. I've applied this habit to school notes, my board exam notes, and later on, reports and other work-related documents. This gives me and other people easy access to whatever references and documents are needed from me. Flexibility is another trait I applied constantly in my work. Although I have a self-developed system and later on, a routine that I would follow, I keep it relaxed rather than rigid. These systems are merely a guide, not a chain that keeps me from exploring alternate and better options. I'm also extremely open to feedback and will adjust immediately if somebody were to point out a mistake or a shortcoming from my part. Finally, my motivation to work really comes from the desire to help others. Whether it be students, student-interns, my fellow employees, or clients, I just want to be of assistance to others. The organization's production manager, whom I worked with closely and shared these values with, said that I have potential as an HR officer however management did not agree, and the dissonance was just too extreme that I ended up resigning. In



my next workplace, I hope to be able to apply all these workplace ethics without having to compromise my own performance.

5. What personal or professional accomplishments are you most proud of?

I would certainly choose passing my licensure exams as the personal and professional accomplishment I am most proud of. I started reviewing in September 2024 but got hired two months later. Although I initially planned to balance both work and review, my schedule and workload made it impossible. I only got back to reviewing about six months before the board exams itself, even missing the entire refresher period of the review, but in the end, I passed! Besides that, I paid for the entirety of my review, my exam, my oath-taking, and my license itself from my own pocket. During my review, I also provided review materials and tutored both of my best friends, who passed the exams with me despite all their doubts. It is regretful that I did miss the topnotcher spot by 0.20 points but the entire experience makes up for it. The fulfilment that I got from finally taking oath and getting the ID card that shows me off as a Registered Psychometrician (RPM) is unlike any other experience I've ever had. I can only hope that in the future, I can use it to practice whatever my preferred career is and help others in whatever way I can.